



Food Innovations

2011-2012 Food Product Scenarios

Use the following scenario which corresponds with your competition category to develop your Food Innovations project.

Junior

Develop a non-perishable snack food which is low in sugar.

Senior

Develop a perishable, ready-to-heat entrée for busy families which contains items in at least three food groups and is low-fat, low-sodium, low in meat protein and high in alternative protein.

Occupational

Develop a frozen individual meal for a diet-conscious individual which represents the complete food plate (My Plate) in proportional amounts.